

# Billings OB GYN ASSOCIATES



Your Health,  
Our Passion



## *Patient Information*



Chad Abbey, DO + Kyla Carlson, DO

Chimene Dahl, MD + Douglas Neuhoff, MD

Julianna Papez, DO + Rindo Sironi, MD

Pamela Templeton, MD + Aimee Brown, PA-C

Kris Miller, NP



★ *Thank you for choosing Billings OB-GYN Associates as your healthcare provider. Please take a few minutes to review the information in this brochure so we can provide you the highest quality care.*

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## Getting Acquainted

At Billings OB-GYN Associates, we will take the time to get to know you...time to create an atmosphere where you will feel comfortable asking questions and sharing concerns, time to give you the information you need to make thoughtful choices about your healthcare and your life.

Your obstetric and/or gynecologic care is our primary concern. Our practice is designed to provide you with professional, courteous, and efficient care. We encourage open communication and want you to feel at ease as you confide with your provider as well as our staff. Your medical care and treatment are confidential. Under no circumstances will your information be released without your written consent unless the law requires us to do so, such as a work-related injury.

Obstetrics and gynecology are the exclusive areas of practice for our providers. This includes pregnancy care, infertility, family planning, endocrinology, and office/surgical gynecology. If your care requires a physician in another specialty, we will help you choose a physician that will uphold the highest standards of care that you have become accustomed to at Billings OB-GYN Associates.

## Give Us A Call

Our phones are answered 24 hours a day, 7 days a week. Between 8:30 am and 5 pm, Monday through Friday, we have a registered nurse available to answer questions and address problems you may be experiencing. Whenever possible, we ask that you call us rather than having a husband, relative or friend call for you. This will save time and helps us answer your questions and address your problems promptly.

Please notify us as soon as possible if you need to cancel an appointment so we can offer that appointment time to another patient.

If your situation is urgent, you may be seen by one of the physicians in the office that day or you may be referred to the emergency room at St. Vincent Healthcare in which case the provider on call will see you there.

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**Office Hours..... Mon-Fri, 8:30 am - 5 pm**

**Appointments..... (406) 248-3607**

**Billing & Insurance..... (406) 237-5808**

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Billings OB-GYN Associates complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

## Your Health, Our Passion

### ✦ Obstetric Care

Complete obstetric care includes prenatal care, delivery and postpartum visits. Developing a comfortable relationship with one provider does make it easier for you to ask questions and discuss problems. You may see other providers in our office during your pregnancy since delivery room coverage is on a rotating call basis.

Generally, you will be seen once a month until the seventh or eighth month and then you will be seen every two weeks. In the final month of pregnancy, you will be seen weekly. During your visits, please inform us if you are under the care of another physician or if medication has been prescribed. This information is necessary for us to provide the best possible care to both you and your baby.

Your office visits are much more than just an examination. We welcome your questions and we want you to be comfortable with both your pregnancy and the happy event of childbirth.

### ✦ Gynecologic Care

We specialize in women's primary healthcare including annual exams, abnormal pap smear treatment, family planning, and diagnosis and treatment of infertility. Our providers also specialize in caring for the needs of menopausal women which include prevention and treatment of osteoporosis, hormone replacement therapy, surgical repair of urinary incontinence, and abnormal bleeding.

*Medical terminology can be very confusing and therefore we encourage you to ask questions during your visits if something is not clear to you. Our providers are happy to explain further so you understand your medications and plan of care.*



Chad Abbey, DO



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Julianna Papez, DO



Rindo Sironi, MD



Pamela Templeton, MD



Aimee Brown, PA-C



Kris Miller, NP

### Get To Know Us

**Chad Abbey, DO** completed his undergraduate studies at Stetson University and earned his medical degree from the West Virginia School of Osteopathic Medicine. He completed his residency in Obstetrics and Gynecology at the San Antonio Uniformed Services Health Education Consortium in San Antonio, Texas. Dr. Abbey joined Billings OB-GYN Associates as an employee in July 2015.

**Kyla Carlson, DO** completed her undergraduate degree at the University of Wyoming and earned her medical degree from Kirksville College of Osteopathic Medicine in Missouri. Dr. Carlson completed her residency training with Grand Rapids Medical Education Partners, Michigan State University.

**Chimene Dahl, MD** earned her medical degree from the University of North Dakota School of Medicine. She completed her residency program with Uniformed Services Residency in Obstetrics and Gynecology in Washington, DC and served twelve years in the United States Army. Dr. Dahl joined Billings OB-GYN Associates in 2003.

**Douglas Neuhoff, MD** attended both college and medical school at the University of Iowa. He completed his internship and residency at the University of Colorado. Dr. Neuhoff joined Billings OB-GYN Associates in 1998.

**Julianna Papez, DO** completed her undergraduate degree at Carroll College and earned her medical degree from Western University of Health Sciences in Pomona, CA. She completed her residency in Obstetrics and Gynecology at St. Joseph Mercy Oakland, Michigan State University in Pontiac, MI. Dr. Papez joined Billings OB-GYN Associates in December of 2013.

**Rindo Sironi, MD** completed his undergraduate degree at Washington University in St. Louis and earned his medical degree from the Medical College of Wisconsin. He completed his residency at The University of TN in Memphis, TN and then continued in solo practice for 12 years in Butte, Montana. Dr. Sironi joined Billings OB-GYN Associates as an employee in March 2015.

**Pamela Templeton, MD** completed her undergraduate degree at Iowa State University and earned her medical degree from the University of Iowa College of Medicine. She completed her residency at Indiana University in Indianapolis and then continued in solo practice for 25 years. Dr. Templeton joined Billings OB-GYN Associates in 2012.

**Aimee Brown, Physician Assistant** joined Billings OB-GYN Associates in 2011 as a Physician Assistant. She graduated from the University of Utah Physician Assistant program in 2001.

**Kris Miller, Nurse Practitioner** joined Billings OB-GYN Associates in 2011 as a Nurse Practitioner. She graduated from the MSU School of Nursing in 1978 with a Bachelor of Science and then earned her certification as a Women's Health Nurse Practitioner in 1992.



### Preparing for Your Office Visit


Please bring your insurance card and driver's license or picture identification to every office visit. Each time you arrive, the receptionist will confirm current address, phone numbers, employment, and insurance information. If you are a new patient, you will receive a new patient packet in the mail. We ask you to complete the necessary forms and bring them to your first visit.

### Wireless Access

We are very pleased to provide free wireless internet access to our patients and families. Please request access information from the receptionist when you check in.

### Smoke Free Campus

Smoking is prohibited inside our facility as well as in the parking lot and area around the outside of our building.



## Our Fees

Our fees are determined by the individual care given and are competitive with area specialists. Health insurance may not cover the entire cost of your care. Copays are expected to be paid at the time of service. We encourage our patients to contact your insurance carrier to determine what is covered by your plan. Remember that your account is your responsibility even though you have insurance coverage.

If you have questions regarding your account or need to set up a financial arrangement, please request to meet with the Billing Specialist either during a visit or by scheduling an appointment.

## Your Bill

We are very concerned about rising medical care costs and we make every effort to keep costs down. Payment at the time of services can help reduce these costs. Payment for non-covered services is expected at the time of service. We do accept cash, personal checks and credit cards. For your convenience, you may also pay your bill through our online bill pay service on our website.

We submit claims for all procedures, surgeries and obstetrical services. Statements are mailed monthly for any balance due on your account. Payment of your account balance is expected upon receipt of the bill. Patient due balances over 60 days are assessed an 18% annual finance fee. Again, if you have questions regarding your account or need to set up a financial arrangement, please request to meet with the Billing Specialist either during a visit or by scheduling an appointment.



Billings OB GYN  
ASSOCIATES

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